

Sinus congestion weighing you down?

IT'S TIME TO TRY  
SOMETHING DIFFERENT



**XHANCE**<sup>®</sup>  
*(fluticasone propionate) nasal spray 0.05 mg*

XHANCE is a prescription medicine used to treat nasal polyps in adults.

### IMPORTANT SAFETY INFORMATION

- **Do not use XHANCE if you are allergic to fluticasone propionate or any of the ingredients in XHANCE.** Get emergency medical care if you get any of these signs of a serious allergic reaction: rash, hives, swelling of your face, mouth, and tongue, breathing problems, or low blood pressure.

Please see additional Important Safety Information throughout and enclosed full Prescribing Information, including patient Instructions for Use.

# Tired of chronic nasal congestion disrupting your life?

## It may be time to look deeper—see if you have the symptoms of nasal polyps

Have you experienced at least 2 of the 4 following symptoms for 12 or more weeks?



Nasal congestion



Facial pain/pressure



Runny nose/postnasal drip



Reduced sense of smell

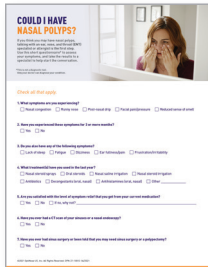


David, 35  
Real XHANCE® Patient  
Paid Spokesperson

*"I tried all kinds of nasal sprays for my congestion."*



See David's video



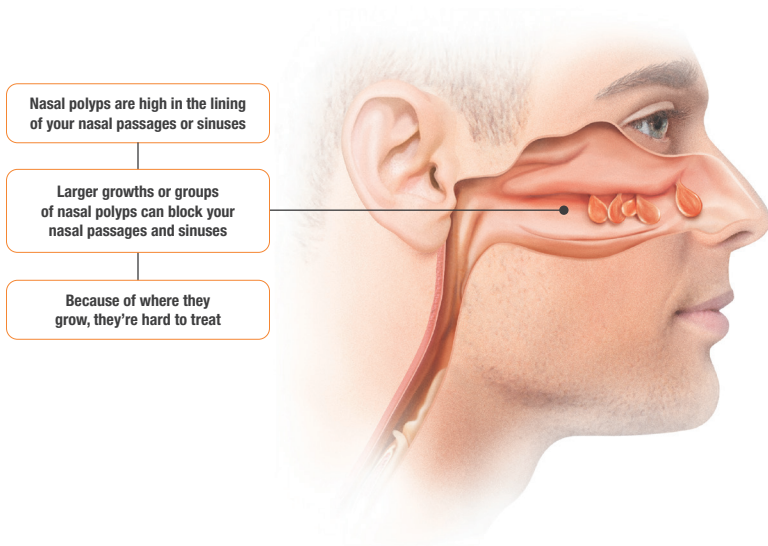
**TIP: Use our online nasal polyp questionnaire to start a conversation with your doctor about your symptoms.**

## IMPORTANT SAFETY INFORMATION

- **Tell your healthcare provider about all your medical conditions and medications that you take.** It is especially important to mention if you take antifungal or anti-HIV medicines as they may interact with XHANCE.

# Nasal polyps are often undetected and untreated

**Nasal polyps are soft, noncancerous (or benign) growths**



**XHANCE is designed to reach high and deep where nasal polyps originate**

Studies suggest that standard nasal sprays do not reach the area where nasal polyps grow.

**XHANCE is designed to work differently.**

## IMPORTANT SAFETY INFORMATION

- **XHANCE can cause nasal problems** such as nosebleeds, crusting, sores, hole in the septum, and slow wound healing.

Please see additional Important Safety Information throughout and enclosed full Prescribing Information, including patient Instructions for Use.

**XHANCE**<sup>®</sup>  
(fluticasone propionate) nasal spray 93 mcg

# XHANCE is different than standard nasal sprays

## Only XHANCE uses the Exhalation Delivery System™

XHANCE is the only FDA-approved prescription nasal spray that uses the Exhalation Delivery System™ (EDS®) to treat nasal polyps.

### XHANCE is designed differently

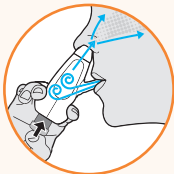
XHANCE has a nosepiece and a flexible mouthpiece that uses your breath to help deliver medication where it needs to go.



### How XHANCE works



You blow into XHANCE, you don't sniff the medication like standard nasal sprays



Your breath helps deliver medicine high and deep into your nasal passages where nasal polyps occur

### How to Use



Watch the step-by-step video [xhance.com/how-to-use](http://xhance.com/how-to-use)

### IMPORTANT SAFETY INFORMATION

- XHANCE can cause eye problems including glaucoma and cataracts. You should have regular eye exams when using XHANCE.

# Relief may be within reach

XHANCE may help improve the sinus symptoms you have been experiencing for a long time.\*

## Improves nasal congestion

Nasal congestion may improve as soon as 2 weeks after starting XHANCE.\*

Nasal congestion may continue to get better over time with continued twice daily use.\*

## Shrinks nasal polyps

For some people, nasal polyps were eliminated† in at least 1 nostril after 6 months of regular use.



\*In 16-week clinical studies.

†28% in a clinical study were determined by their doctor to have grade=0.



### Talk to your doctor to learn more

If you think you may have nasal polyps, talk to your doctor to find out if XHANCE is right for you.

## IMPORTANT SAFETY INFORMATION

- **XHANCE may increase the risk of infections** and can make certain infections worse. Avoid contact with people who have a contagious disease such as chickenpox or measles while using XHANCE.

Please see additional Important Safety Information throughout and enclosed full Prescribing Information, including patient Instructions for Use.

**XHANCE**<sup>®</sup>  
(fluticasone propionate) nasal spray 93 mcg

# Experience the XHANCE difference



Individual results vary.

## Judi, 67 Real XHANCE® Patient

Paid Spokesperson

*"With XHANCE I feel more open passageways. It reduced the feeling of pressure. My sense of smell is more consistent. You don't know how bad you really feel until you feel better."*



See how to save on your prescription  
at [xhance.com/how-to-get-xhance](https://xhance.com/how-to-get-xhance)

## IMPORTANT SAFETY INFORMATION

- **XHANCE can cause reduced production of steroid hormones** by your adrenal gland, resulting in tiredness, weakness, nausea and vomiting, and low blood pressure.
- **XHANCE can weaken bones (osteoporosis).**
- **Other side effects may include** redness, pain, or swelling of the nose or throat, thrush (fungal infection of the nose and throat), nasal congestion, sinus infection and headache.

These are not all the side effects of XHANCE. Call your doctor for medical advice about side effects. You may report side effects to the FDA at 1-800-FDA-1088.

## INDICATION

XHANCE is a prescription medicine used to treat nasal polyps in adults.

Please see additional Important Safety Information throughout and enclosed full Prescribing Information, including patient Instructions for Use.



**XHANCE®**  
*(fluticasone propionate) nasal spray 0.1 mg*  
*Experience the Difference*

**PATIENT INFORMATION**  
**XHANCE® (ex hans)**  
**(fluticasone propionate)**  
**nasal spray, 93 mcg**

**What is XHANCE?**

XHANCE is a prescription medicine used to treat nasal polyps in adults.  
It is not known if XHANCE is safe and effective in children.

**Do not use XHANCE** if you are allergic to fluticasone propionate or any of the ingredients in XHANCE. See the end of this Patient Information leaflet for a complete list of ingredients in XHANCE.

**Before using XHANCE, tell your healthcare provider about all of your medical conditions, including if you:**

- have or have had nasal sores, nasal surgery, or nasal injury.
- have eye problems, such as cataracts or glaucoma.
- have an immune system problem.
- have any type of viral, bacterial, or fungal infection.
- are exposed to chickenpox or measles.
- have weak bones (osteoporosis).
- have liver problems.
- are pregnant or plan to become pregnant. It is not known if XHANCE may harm your unborn baby.
- are breastfeeding or plan to breastfeed. It is not known if XHANCE passes into your breast milk and if it can harm your baby.

**Tell your healthcare provider about all the medicines you take**, including prescription and over-the-counter medicines, vitamins, and herbal supplements.

XHANCE and certain other medicines may interact with each other. This may cause serious side effects.

Especially tell your healthcare provider if you take antifungal or anti-HIV medicines.

Know the medicines you take. Keep a list of them to show your healthcare provider and pharmacist when you get a new medicine.

**How should I use XHANCE?**

Read the **Instructions for Use** leaflet for information about the right way to use XHANCE.

- Use XHANCE exactly as your healthcare provider tells you.
- **Do not** use XHANCE more often than prescribed. Ask your healthcare provider if you have any questions.
- XHANCE is for use in your nose only. **Do not spray it in your eyes or mouth.**
- XHANCE may take several days of regular use for your symptoms to get better. It may take several months for the medicine to have its greatest effect. If your symptoms do not improve or get worse, call your healthcare provider.
- You will get the best results if you keep using XHANCE regularly twice each day without missing a dose. Do not stop using XHANCE unless your healthcare provider tells you to do so.
- If you miss a dose of XHANCE, take it as soon as you remember the same day. **Do not** take more than your prescribed dose of XHANCE each day.

**What are the possible side effects of XHANCE?**

**XHANCE may cause serious side effects, including:**

- **Nasal problems.** Symptoms of nasal problems may include:
  - nose bleeds.
  - crusting in the nose.
  - sores (ulcers) in the nose.
  - hole in the cartilage of the nose (nasal septal perforation). A whistling sound when you breathe may be a symptom of nasal septum perforation.
  - thrush (candida), a fungal infection in your nose and throat. Tell your healthcare provider if you have any redness or white colored patches in your nose or mouth.
  - slow wound healing. You should not use XHANCE until your nose has healed if you have a sore in your nose, have had surgery on your nose, or if your nose has been injured.
- **Eye problems including glaucoma and cataracts.** You should have regular eye exams while you use XHANCE. Call your healthcare provider if you have vision changes while using XHANCE.
- **Serious allergic reactions.** Call your healthcare provider or get emergency medical care if you get any of the following signs of a serious allergic reaction:
  - rash
  - hives
  - swelling of your face, mouth, and tongue
  - breathing problems
  - low blood pressure

- **Weakened immune system and increased chance of getting infections (immunosuppression).** Taking medicines that weaken your immune system makes you more likely to get infections and can make certain infections worse. These infections may include tuberculosis (TB), herpes simplex infections of the eyes (ocular herpes simplex infections), and infections caused by fungi, bacteria, viruses, and parasites. Avoid contact with people who have a contagious disease such as chickenpox or measles while using XHANCE. If you come in contact with someone who has chickenpox or measles, call your healthcare provider right away. Symptoms of an infection may include:
  - fever
  - pain
  - aches
  - chills
  - feeling tired
  - nausea
  - vomiting
- **Reduced adrenal function (adrenal insufficiency).** Reduced adrenal function happens when your adrenal glands do not make enough steroid hormones. This can happen when you stop taking oral corticosteroid medicines (such as prednisone) and start taking medicine containing a steroid inhaled into the lungs or for use in the nose. Symptoms of reduced adrenal function may include:
  - tiredness
  - weakness
  - nausea and vomiting
  - low blood pressure
- **Weak bones (osteoporosis).**
- **Slowed growth in children.** A child's growth should be checked often.

**The most common side effects of XHANCE include:**

- nose bleeds
- sores (ulcers) in your nose
- pain or swelling of your nose or throat (nasopharyngitis)
- redness in your nose
- nasal congestion
- sinus infection
- headache

These are not all the possible side effects of XHANCE.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

**How should I store XHANCE?**

- Store XHANCE at room temperature between 59°F and 77°F (15°C and 25°C).
- Protect XHANCE from extreme heat, cold and light.
- Throw away XHANCE after using 120 sprays after initial priming. Even though the bottle may not be completely empty, you may not get the correct dose of medicine if you continue to use it.
- The XHANCE Bottle is made of glass. Do not remove the base from the bottle.

**Keep XHANCE and all medicines out of the reach of children.**

**General information about the safe and effective use of XHANCE.**

Medicines are sometimes prescribed for purposes other than those listed in a Patient Information leaflet. Do not use XHANCE for a condition for which it was not prescribed. Do not give your XHANCE to other people, even if they have the same symptoms that you have. It may harm them.

You can ask your pharmacist or healthcare provider for information about XHANCE that is written for health professionals.

**What are the ingredients in XHANCE?**

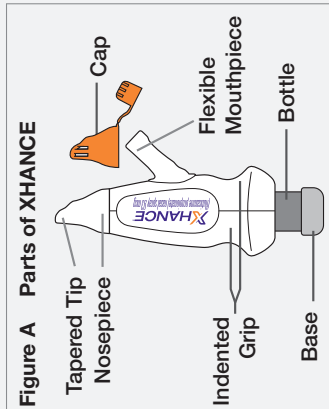
**Active ingredient:** fluticasone propionate  
**Inactive ingredients:** microcrystalline cellulose, carboxymethylcellulose sodium, dextrose, benzalkonium chloride, polysorbate 80, edetate disodium dihydrate, sodium hydroxide and hydrochloric acid (to adjust pH), and purified water

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 Patented. See [www.xhance.com/patents](http://www.xhance.com/patents)  
 For more information, go to [www.XHANCE.com](http://www.XHANCE.com) or call 1-833-678-6673.



INSTRUCTIONS FOR USE

**XHANCE**<sup>®</sup> (ex hans)  
(fluticasone propionate)  
nasal spray, 93 mcg

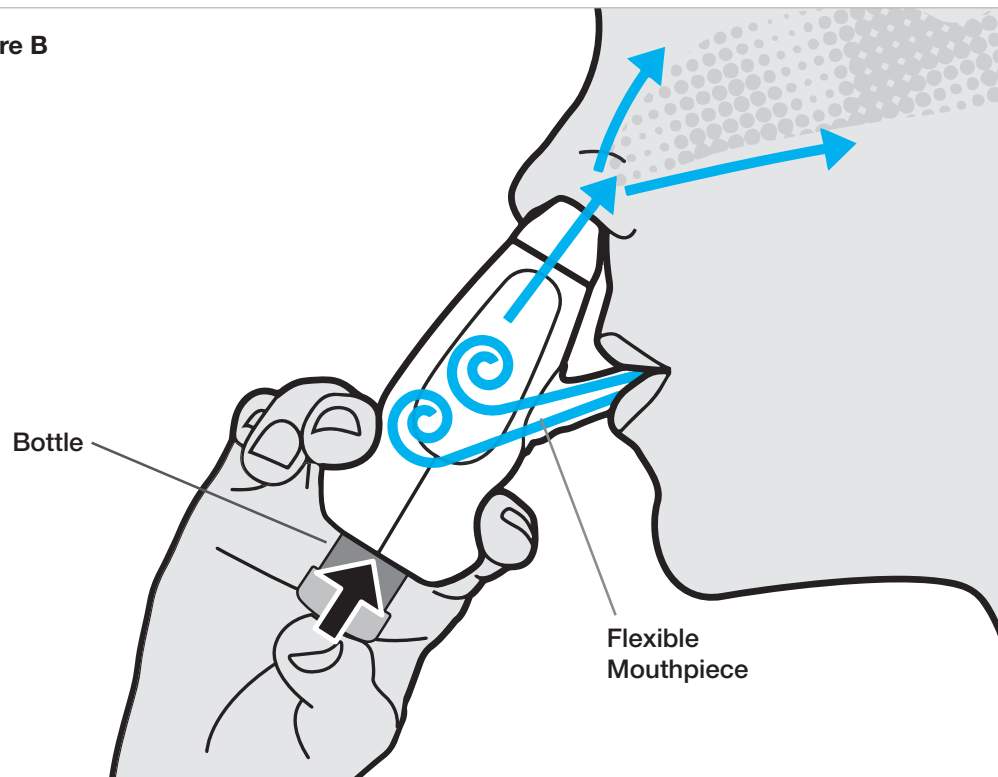


Read this Instructions for Use before you start using XHANCE and each time you get a refill. There may be new information. This information does not take the place of talking to your healthcare provider about your medical condition or treatment. If you have any questions about XHANCE, ask your healthcare provider or pharmacist.

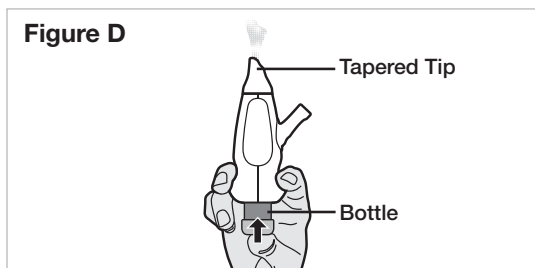
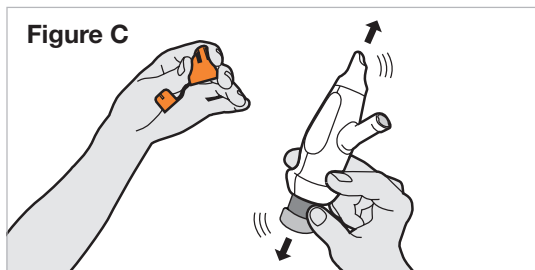
## Important information about XHANCE

- XHANCE is for use in your nose only. Do not spray in your eyes or mouth.
- XHANCE delivers your dose of medicine into your nose when you **press the Bottle while blowing** into the Flexible Mouthpiece (See Figure B).
- Do not share XHANCE with other people.
- Shake XHANCE before each use.
- Do not block second nostril while blowing.
- Do not place fingers above or over the Flexible Mouthpiece.
- The XHANCE Bottle is made of glass. Do not remove the base from the bottle.

Figure B



## Prime XHANCE before first use



### Priming XHANCE:

**Step 1:** Remove the Cap (See Figure C).

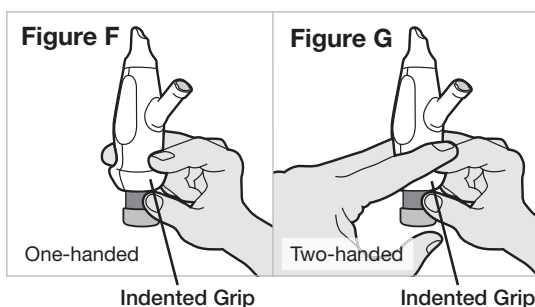
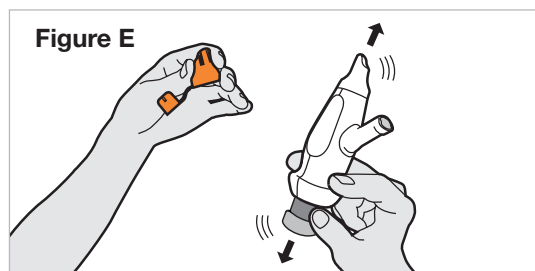
**Step 2:** Shake XHANCE.

**Step 3:** Press the Bottle 7 times or until you see a fine mist (See Figure D).

Keep the Tapered Tip of XHANCE pointed away from your face while priming. When you see a fine mist of medicine, XHANCE is ready to use.

**Important:** If you have not used XHANCE for 7 or more days, re-prime by spraying 2 times away from your face.

## Steps for using XHANCE after priming



**Step 1:** Remove the Cap.

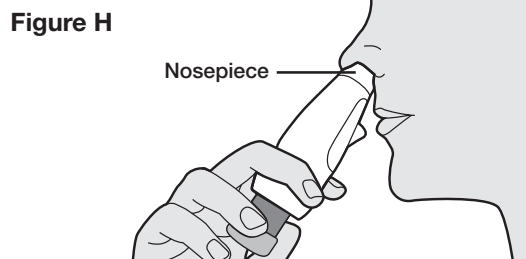
**Step 2:** Shake XHANCE (See Figure E).

**Step 3:** Hold XHANCE by placing your fingers on the Indented Grip below the Flexible Mouthpiece. You can use 1 hand (See Figure F), or 2 hands (See Figure G) to hold XHANCE.

**Do not** place your fingers above or over the Flexible Mouthpiece.

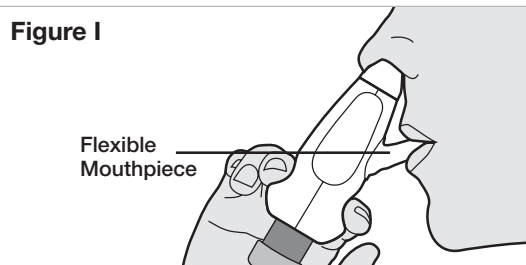
Steps continue on other side

## Steps for using XHANCE after priming (continued)



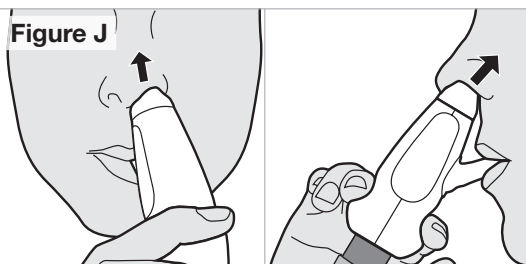
**Step 4: Gently insert the Nosepiece into the nostril.** While still holding XHANCE on the Indented Grip below the Flexible Mouthpiece, insert the Nosepiece as far back into 1 nostril as comfortable (**See Figure H**). This helps to keep a tight seal between the Nosepiece and your nostril.

**Important:** Keep a tight seal between the Nosepiece and your nostril.



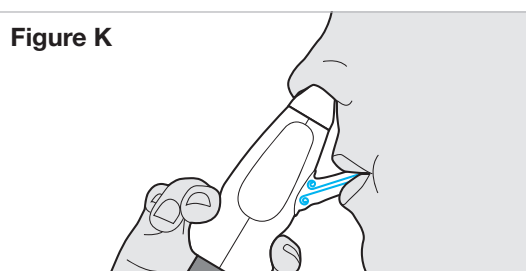
**Step 5: Insert the Flexible Mouthpiece in your mouth, while keeping the Nosepiece in your nostril (See Figure I).** Make sure that the Flexible Mouthpiece is secure in the mouth and the Nosepiece remains sealed in the nostril during use.

**Note:** You can bend the Flexible Mouthpiece up and down to get it into your mouth while keeping the Nosepiece deep in your nostril.



**Step 6: Aim the device upward.** This will help the medicine go deep into your nostril (**See Figure J**).

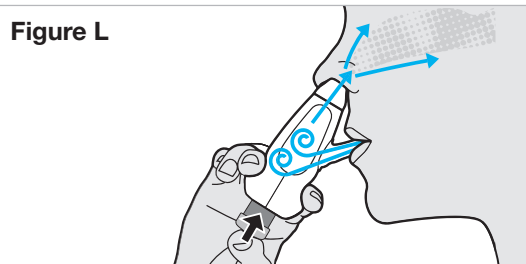
**Note:** You can use a mirror to help you aim the device upward.



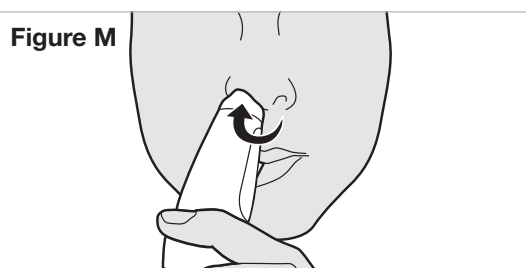
**Step 7: Blow hard into the Flexible Mouthpiece like you are blowing up a balloon (See Figure K).**

**Do not** try to breathe in through your nose or sniff while blowing into the Flexible Mouthpiece.

**Do not** close or block your other nostril. This could prevent the air you blow into the Flexible Mouthpiece from leaving out through the other nostril.



**Step 8: While still blowing hard into the Flexible Mouthpiece, use your thumb to press the Bottle to deliver medicine into your nostril (See Figure L).**



**Step 9: Repeat Step 2 through Step 8** in the “Steps for using XHANCE after priming” to deliver the medicine into your other nostril (**See Figure M**).

### Did I do it right?

- ✓ Shake before each use.
- ✓ Keep a snug fit in nose and mouth.
- ✓ Continue blowing forcefully while pressing the Bottle.
- ✓ Do not sniff, inhale, or block second nostril.
- ✓ Administer only the prescribed number of sprays in each nostril.

**XHANCE**<sup>®</sup>  
(fluticasone propionate) nasal spray 93 mcg

For more information, please visit  
[www.XHANCE.com](http://www.XHANCE.com) or call 1.833.678.6673

### Cleaning and Caring for XHANCE

- You do not need to clean XHANCE. If you prefer to clean the device, remove the Cap and use a clean, dry, lint-free cloth to wipe after each use.
- Replace the Cap and store XHANCE in a clean, dry place.
- The XHANCE Bottle is made of glass. Do not remove the base from the bottle. If you accidentally drop XHANCE, check it for damage. Do not use if the device is damaged or the glass is broken. If damaged, call 1.833.678.6673.

### How should I store XHANCE?

- Store XHANCE at room temperature between 59°F and 77°F (15°C and 25°C).
- Protect XHANCE from extreme heat, cold and light.
- Throw away XHANCE after using 120 sprays after initial priming. Even though the Bottle may not be completely empty, you may not get the correct dose of medicine if you continue to use it.

**Keep XHANCE and all medicines out of the reach of children.**

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