



# Are You Suffering From Chronic Sinusitis?

Target the site of inflammation with XHANCE

## Learn more about the XHANCE difference

XHANCE is a prescription medicine used to treat chronic rhinosinusitis with or without nasal polyps in adults. It is not known if XHANCE is safe and effective in children.

### **IMPORTANT SAFETY INFORMATION**

- **Do not use XHANCE if you are allergic to fluticasone propionate or any of the ingredients in XHANCE.** Get emergency medical care if you get any of these signs of a serious allergic reaction: rash, hives, swelling of your face, mouth, and tongue, breathing problems, or low blood pressure.

Please see the following pages for additional Important Safety Information.

# Tired of Chronic Sinusitis Disrupting Your Life?

Talk to your doctor if you're experiencing the following symptoms:



Congestion,  
obstruction



Nasal discharge



Facial pain or  
pressure



Reduction of  
sense of smell

Chronic sinusitis affects 30 million adults every year

**30**  
million\*



The burden of chronic sinusitis

**75%** of adults have trouble sleeping<sup>†</sup>

**2x** greater risk of depression<sup>‡</sup>

Up to **20** days missed from work per year<sup>§</sup>

\*Hull BP, et al. *Otolaryngol Clin North Am.* 2017;50(1):61-81.

†Palmer JN, et al. *Allergy Asthma Proc.* 2019;40(1):48-56.

‡Schlosser RJ, et al. *Am J Rhinol Allergy.* 2016;30(2):128-133.

§Rudmik L, et al. *Laryngoscope.* 2014;124(9):2007-2012.

## IMPORTANT SAFETY INFORMATION (CONTINUED)

- **XHANCE can cause nasal problems** such as nosebleeds, crusting, sores, hole in the septum, and slow wound healing. You should not use XHANCE until your nose has healed if you have a sore on your nose, have had surgery on your nose, or if your nose is injured.

# XHANCE Is the FIRST and ONLY FDA-Approved Treatment for Adults With Chronic Rhinosinusitis Without Nasal Polyps

Common nonsurgical treatments don't effectively treat all patients with chronic sinusitis



Standard-delivery nasal steroids



Steroid irrigation (rinses)



Antibiotics

None of these options have demonstrated a benefit in chronic sinusitis without nasal polyps.

**>80% of patients with chronic sinusitis reported frustration with symptom relief when using a standard-delivery nasal steroid**

## IMPORTANT SAFETY INFORMATION (CONTINUED)

- **XHANCE can cause eye problems** including glaucoma and cataracts. You should have regular eye exams when using XHANCE. Call your doctor if you have vision changes while using XHANCE.

Please see the following pages for additional Important Safety Information.

**XHANCE**<sup>®</sup>  
(fluticasone propionate) nasal spray 93 mcg

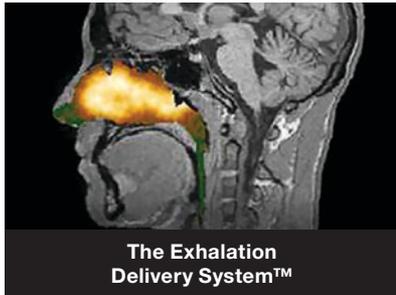
# Target the Site of Inflammation

XHANCE may help improve the sinus symptoms you have been experiencing

## XHANCE is designed differently than other nasal sprays

XHANCE has a nosepiece and a flexible mouthpiece that uses your breath to help deliver medication where it needs to go.

## Drug delivery demonstrated through gamma scintigraphy



Gamma camera image after using a nasal spray with an earlier version of an exhalation method. This image is taken 2 minutes after administration of a radiolabeled solution and is representative of the overall findings from 221 images and 56 subjects.

This image shows how an exhalation delivery system device (similar to XHANCE) reached different areas within the nasal cavity of a healthy patient.\*

\*Delivery of the drug has not been proven to be linked to effectiveness in treating chronic sinusitis.

## IMPORTANT SAFETY INFORMATION (CONTINUED)

- **XHANCE may increase the risk of infections** and can make certain infections worse. Avoid contact with people who have a contagious disease such as chickenpox or measles while using XHANCE.

# Only XHANCE Uses the Exhalation Delivery System™

XHANCE is the only FDA-approved prescription nasal spray that uses the Exhalation Delivery System to treat chronic sinusitis

## Clinical studies have shown that XHANCE improves nasal congestion

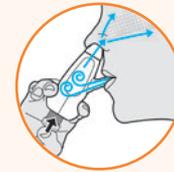
Nasal congestion improved as soon as 2 weeks after starting XHANCE and continued to get better over time.\*

\*In 16-week clinical studies.

## How XHANCE works



You blow into XHANCE—you don't sniff the medication like standard nasal sprays



Your breath helps deliver medicine to sinuses and sinus drainage tracts where chronic sinusitis-related inflammation occurs

## Watch how to use XHANCE

Scan the QR code to watch how to use XHANCE

[xhance.com/how-to-use](http://xhance.com/how-to-use)



## IMPORTANT SAFETY INFORMATION (CONTINUED)

- **XHANCE can cause reduced production of steroid hormones** by your adrenal gland, resulting in tiredness, weakness, nausea and vomiting, and low blood pressure.

Please see the following pages for additional Important Safety Information.

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# Get the Relief You Deserve With XHANCE



Individual results vary.

**Judi, 67**  
**Real XHANCE® Patient**  
Paid Spokesperson

*"With XHANCE I feel more open passageways. It reduced the feeling of pressure. My sense of smell is more consistent. You don't know how bad you really feel until you feel better."*



See how to save on your prescription  
at [xhance.com/faq/#resources](https://xhance.com/faq/#resources)

## IMPORTANT SAFETY INFORMATION (CONTINUED)

- **XHANCE can weaken bones (osteoporosis).**
- **The most common side effects include:** nose bleeds, sores (ulcers) in your nose, pain or swelling of your nose or throat, redness in your nose, nasal congestion, sinus infection and headache.
- **Tell your healthcare provider about all your medical conditions and medications that you take.** It is especially important to mention if you take antifungal or anti-HIV medicines as they may interact with XHANCE.

These are not all the side effects of XHANCE. Call your doctor for medical advice about side effects. You are encouraged to report negative side effects of prescription drugs to the FDA at [www.fda.gov/medwatch](https://www.fda.gov/medwatch) or call 1-800-FDA-1088.

## INDICATION

XHANCE is a prescription medicine used to treat chronic rhinosinusitis with or without nasal polyps in adults. It is not known if XHANCE is safe and effective in children.

**Please see accompanying Patient Information and Instructions for Use.**



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(fluticasone propionate) nasal spray 93 mcg