

# IS XHANCE RIGHT FOR YOU?

## TALKING WITH YOUR DOCTOR IS THE FIRST STEP

Take a few minutes to answer these questions, and be sure to bring this guide with you to your next appointment.



Check all that apply:

### 1. What symptoms are you experiencing?

- Stuffy nose    Runny nose    Post-nasal drip    Facial pain/pressure    Reduced sense of smell or taste

### 2. Have you ever experienced these symptoms for 3 or more months?

- Yes    No

### 3. What treatment(s) have you taken in the last year?

- Nasal steroid sprays    Oral steroids    Nasal saline irrigation    Steroid irrigation  
 Antibiotics    Decongestants (nasal, oral)    Antihistamines

### 4. Are you satisfied with the level of symptom relief that you get from your current medication?

- Yes    No

### 5. Have you ever had sinus surgery or been told you have growths (nasal polyps) in your nose or sinuses?

- Yes    No

## IMPORTANT SAFETY INFORMATION

Do not use XHANCE if you are allergic to fluticasone propionate or any of the ingredients in XHANCE.

Tell your healthcare provider about all the medicines you take, including prescription and over-the-counter medicines, vitamins, and herbal supplements. It is very important to tell your healthcare provider if you take antifungal or anti-HIV medicines.

XHANCE can cause nasal problems such as nosebleeds, crusting in the nose, sores (ulcers) in the nose, hole in the cartilage of the nose (nasal septal perforation).

XHANCE can cause eye problems including glaucoma and cataracts. You should have regular eye exams when using XHANCE.

Call your healthcare provider right away or get emergency medical care if you get any of these signs of a serious allergic reaction: rash, hives, swelling of your face, mouth, and tongue, breathing problems, and low blood pressure.

XHANCE can weaken your immune system, make you more likely to get infections, and can make certain infections worse. Avoid contact with people who have a contagious disease such as chickenpox or measles while using XHANCE. If you come in contact with someone who has chickenpox or measles, call your healthcare provider right away.

XHANCE can cause reduced production of steroid hormones by your adrenal gland, resulting in tiredness, weakness, nausea and vomiting, and low blood pressure.

XHANCE can weaken bones (osteoporosis).

The most common side effects of XHANCE include nosebleeds, thrush (fungal infection in the nose and throat), sores (ulcers) in the nose, pain or swelling of the nose or throat (nasopharyngitis), redness of the nose, nasal congestion, sinus infection, slow wound healing and headache.

Before using XHANCE, carefully read the FDA-approved *Patient Information* and *Instructions for Use*.

## INDICATION

XHANCE is a prescription medicine used to treat nasal polyps in adults.

Please see **Instructions for Use and Patient Information at [XHANCE.com](http://XHANCE.com)**.

**XHANCE™**  
(fluticasone propionate) nasal spray 93 mcg